

HOW THE HEALTH HUB CAN SAVE YOU MONEY

Most City employees and their dependents have free access to the Health Hub, an employee health clinic. If you are looking to save time or money, consider using the Health Hub for services like the following:

CLINIC HOURS

Mon & Fri: 7am - 4pm
Tues & Thurs: 8am - 5pm
Wed: 9am - 6pm

FREE PPO
Kaiser

\$75 HDHP
Opt Out

1

FREE & FAST REFERRALS

Instead of paying your PCP to tell you that you'll need to pay a specialist, if you have free access to the Health Hub, make an appointment and, if you need a specialist you'll get a referral without having to pay for it!

2

\$0 SPORTS PHYSICALS

If you are a parent and have children in sports then you know the pain of having to pay for sports physicals. Lucky for you, sports physicals are free at the Health Hub.

3

QUICK APPOINTMENTS

Need help but can't get into your PCP for another 3-weeks? Call the Health Hub. We always keep at least 4 slots open for walk-in appointments. With your permission, we'll even update your PCP about the care you received in our clinic.

4

NO COST VACCINES

The Health Hub keeps a few vaccinations on hand just in case. If you need a Tetanus, Hep-A, Hep-B, or just a simple flu shot, we have you covered. If all you need is a flu shot, you don't even need an appointment.

5

CONVENIENT LAB DRAWS

Have a prescription from your PCP for lab work but don't have much time? Bring your blood draw order paperwork to us! We'll take care of you in a jiffy and send the results to your PCP.



6

EASY FOLLOW-UPS

At the Health Hub, you'll have an easy time scheduling any follow up appointments. Our quick service doesn't come at the cost of quality customer service. Health Hub appointments are never rushed so you'll be able to get all of your questions answered.

7

SEASONAL ISSUES

Summer comes with all sorts of medical issues for the whole family: bug bites or poison oak from camping, ear infections from the pool, or simply seasonal allergies. The Health Hub can support your needs without putting a hole in your wallet.

8

POINT OF CARE TESTS

Worried it might be strep or mono? Or maybe you need your blood glucose monitored. We can do these and more.